



IV Sedation Instruction Sheet

Stick these handy instructions on your fridge!

Drink plenty of clear fluids 2 hours before your appointment time.

Leave all valuables, purse, wallet, and watches at home or with your companion.

Wear comfortable clothing.

Wear comfortable socks and shoes.

Bring along your favorite blanket and/or listening device with earbuds.

No nail polish please.

It is absolutely necessary that you have your companion/guardian drive you to and from your appointment. We will not be able to proceed with your appointment if you drive yourself, and this will result in forfeiting your prepaid fee.

Your companion will also need instructions, so please have him/her speak with the dental team before dropping you off and picking you up. Should your companion wish to remain here during the sedation visit, we have a comfortable sedation waiting area for their use.